



TRINITY UNITED METHODIST CHURCH
ROOTED IN CHRIST † GROWING IN FAITH
440 Maxwell Road • Eugene, Oregon 97404

July 2015 Tidings

Grace Notes

“The apostles returned to Jesus and told him everything they had done and taught. Many people were coming and going, so there was no time to eat. He said to the apostles, “Come by yourselves to a secluded place and rest for a while.” They departed in a boat by themselves for a deserted place.” Mark 6: 30-32

Our July worship at Trinity UMC will focus on the renewing aspects of creating and observing Sabbath moments in the rhythm of our busy lives. Jesus called his disciples to “come away and rest” during their active ministry on earth. We have been working hard in active ministry this past year so this summer, it is time to cease from productivity as we hear Jesus call us to rest. Resting is about enjoying the gift of each other, spending time together without agenda or tasks and celebrating the blessings of God.

During the months of July and August, our regular worship format will change a bit. We begin July 5th by worshipping at Emerald Park Shelter #2. This is a fun time to enjoy each other and the beauty of the park that is an essential part of our neighborhood. We will continue to make an effort to rest and enjoy one another, as well as keep as cool and comfortable as possible, as we change up our worship at times during the remainder of the summer. Depending on the theme of the day, we may begin worship in the fellowship hall or end our worship around tables. We may even worship outdoors in the courtyard this summer! In September we will return to our regular worship pattern.

Sabbath is a concept that is countercultural in the world in which we live. As you prepare to focus on the commandment to “remember the Sabbath” this summer, take a few moments to read and reflect on some of my favorite quotes on Sabbath.

“All week long human beings wrestle with the created world, tilling and hammering...on the Sabbath...we let it be ...we celebrate it as it is and live it in peace and gratitude. Humans are created too, after all. It is good and right to remember that it is not human effort alone that grows grains and forges steel. – Dorothy Bass, Receiving the Day

“All life requires a rhythm of rest. There is a rhythm in our waking activity and the body’s need for sleep. There is a rhythm in the way day dissolves into night and night into morning...we have lost this essential rhythm. Our culture invariably supposes that action and accomplishment are better than rest, that doing something – anything- is better than doing nothing. Because of our desire to succeed, to meet these ever growing expectations, we do not rest. Because we do not rest, we lose our way. Wayne Muller, Sabbath, Finding Rest, Renewal and Delight in Our Lives

Seven Commandments on the Sabbath – *Six days, shall you be a workaholic; on the seventh day, shall you join the serene company of human beings. Six days shall you take orders from your boss; on the seventh day, shall you be master/mistress of your own life. Six days shall you toil in the market; on the seventh day, shall you detach from money matters. Six days, shall you create, drive, create, invent, push, drive; on the seventh day, shall you reflect. Six days shall you be the perfect success; on the seventh day, shall you remember that not everything is in our power. Six days shall you be a miserable failure; on the seventh say, shall you be on the top of the world. Six days shall you enjoy the blessings of work; on the seventh day, shall you understand that being is as important as doing. – Blu Greenberg, How to Run a Traditional Jewish Household*

Seeking Rest – *we seek rest where there is no rest, and therefore are uneasy. God is the True Rest who wants to be known. God finds pleasure in being our true resting place. God is everything that is good, and the goodness that everything possesses is God. God wants us to allow ourselves to see God continually. For God wants to be seen and wants to be sought. God wants to be awaited and wants to be trusted. Julian of Norwich, England (c.1342-1419)*

Let us have fun as we rest and trust God!

Blessings on the journey,



Pastor Roberta

July Worship

July 5th	Summer Dreaming	Psalm 27: 1-2, 4, 11-14 Colossians 1: 1-8	Pastor Roberta
July 12th	Summer Sabbath – Rest	Genesis 1, Exodus 20:8	Pastor Roberta
July 19th	Summer Sabbath – Release	Exodus 16:20, Matthew 14: 19-27	Pastor Roberta
July 26th	Summer Sabbath – Rhythm	Isaiah 58: 12-14, Mark 3: 1-4	Pastor Roberta



3 month Pastoral Internship – As you may know, Ryan Scott has returned to Eugene after completing a nine month pastoral internship position in Seattle. These last nine months have been a time of growth and discovery for Ryan and he approached me (I also took it to the Executive Leadership Team as well as our District Superintendent) about continuing to work in the church as an intern at Trinity UMC. Ryan recently became a certified candidate for ministry and will begin his study as a licensed local pastor in July. He turned down a local pastor position in Seattle area. The ELT recommends that we bring Ryan onto our staff in a 3 month pastoral internship position for July, August, September. We will reimburse Ryan for his school expenses for this 3 month pastoral internship (approximately \$2000-2500). We will ask for donations to cover those expenses so that it does not come from our general

fund. We will continue to discern, dialogue, pray with Ryan about the possibility of further work at Trinity after this internship. It has been exciting to see the pastoral skills blossom in Ryan and this is a great opportunity for Trinity to continue to journey with him. Welcome Ryan!

Consultation Prescription Update

Prescription- # 1- The ELT completed the report on this prescription this late spring following the all church workshop led by Beth Estock. We were to answer questions to clarify our mission

1. **Who are we gathering in love?** Every one of every shape, size and age is welcomed in love at Trinity United Methodist Church. As we reach out to form new faith partners as a community of faith, we will focus on River Road neighborhood single and dual parent families of children preschool through high school to gather in love.
2. **What are we going to transform in the world?** We are going to transform the lives of people we come in contact with both inside and outside the walls of Trinity United Methodist Church. By providing a loving and radically welcoming space we will empower people to explore their spirituality and deepen their relationship with God, others and the world as they follow in the way of Christ.

Prescription # 2 a Deepening Relationships The task force led by Dave Chavez has done great work by organizing the activity fair. Many of those activities are now in process.

Prescription # 2 b- Communication—The work of this task force has been completed and the communication plan is in process of being implemented.

Prescription # 3 – The start date for this prescription of aligning our ministry with our clarified mission statement is the fall of 2015. Let us be in prayer as we enjoy a bit of a ‘sabbath’ this summer from all the hard work and accomplishments over this past year!



Re-design of Nursery--- The Facility team approved a proposal to re-locate our nursery to the current FISH office. The reasoning is two –fold. 1) Our current nursery is a long distance from the Sanctuary. We have had an uptick in visitors with children and we want to provide a welcoming place that is close to the sanctuary for young children. The wall of windows in that office make it welcoming and inviting. 2) With the movement of the Maxwell Road preschool back into the West wing classroom—this provides more room that does not need to be

moved around for Sunday activities. The goal is to have this move done by September. We are really excited to make this change and know it will be wonderful for our families.



Summer Cleaning & Donation Sale – This summer we are moving things around and during this move it be necessary for us to release some items that we no longer use or have space to store. **Please visit the chapel before August 14th to view the items that we will be releasing** through a Donation Sale. If there are items that hold meaning or significance to you or they belonged to your family, please feel free to take those items. If there are items you would simply like to have, we ask that you make a small donation for those items. **The Donation Sale will be held Friday, August 14th in the Chapel.** Remaining items will be

donated to St. Vincent's. Items will not be priced – we will simply ask for donations. **We will not be accepting any outside items** so please don't add to our already growing pile of things. Please call the church office if you have any questions.



4th of July Picnic, Fireworks & Bike Ride will take place at Trinity UMC at 6pm on Saturday, July 4th. Bring a picnic potluck, plates and utensils – the BBQ will be available for use. You can also bring Oregon Legal Fireworks to set off here at the church around 8pm. Following the picnic and Trinity Fireworks those who are interested will ride bikes to Alton Baker Park to watch Eugene City Fireworks at 9pm. Be sure your bike has a light because we will be returning after dark.



Activity Fair News – Many of our activities begin this month! **Pam Bray's Sewing & Quilting Group** will start on July 14th at 1pm in the Fireside Room. **Lunch at Indulge with Pastor Roberta and Jennifer** will be held Wednesday, July 15th at 1pm. You need a reservation so if you'd like to go please call the church office to reserve your spot. **Friday, July 17th a group will go to Sweet Cheeks Winery** for music and wine. Please contact Dave Chavez for the time. Start thinking about ideas for fall & winter activities!



July Messy Church is relaxing this summer by throwing a casual BBQ Potluck on the church lawn Saturday, June 20th 4pm-6pm. Bring a blanket or chair to sit and relax and we'll have a few fun activities or games for the kids. Everyone is welcome to attend and the event is FREE! We have **Messy Church Mugs for Sale** – only \$10 each and they make the perfect gift! Pick up oen in the narthex or in the church office and support Messy Church. Thank you!



Worship in the Park & Picnic – Our Annual Worship in the Park at Emerald Park will be held on Sunday, July 5th at 10:30am at Shelter 2. If you need help getting to the park please call the church office so we can arrange transportation or offer you help getting to the shelter. Come enjoy a morning outdoors singing and worshipping together. Invite a friend or a neighbor. Call the church office with any questions.

